



CPR – 1 person

All candidates **must** demonstrate:

- Knowledge of checking for danger
- How to conduct a check for response
 - Squeeze shoulders; ask if they can hear you
 - Tap foot for an infant
- Knowledge of calling for help if there is no response
 - 000 or surfcom
- Check for Breathing
 - Ear 5cm from patients mouth

If patient is not breathing:

- 2 rescue breaths
- Correct use of mask (if applicable)
- Correct mouth to mouth technique (if mask not used)
- Check for signs of life (candidate must say “checking for signs of life”)
- Knowledge of what a sign of life is – normal breathing
- If patient still has no sign of life:
 - Commencing CPR
 - Correct hand position on chest (with no measuring)
 - Correct procedure for vomiting patient

Candidates will be deemed competent only if they can demonstrate they have a good understanding of the mechanics of CPR – correct hand placement using the “centre of the chest” and inflating the chest only till the chest rises and completing the correct number of compressions/breaths in the appropriate time.

Assessors will be looking at:

- Hand position during compressions and ventilations (centre of chest)
- Finger position during compressions and ventilations (must be parallel with the ribs)
- Grip of fingers around wrist during compressions
- Depth of compression during compressions
- No Bouncing or jabbing during compressions (must not occur)
- Allowing full recoil of chest during compressions
- Rate of compressions and consistency
- Correct seal with mask
- Proper ventilations mouth to mouth (if applicable)
- Proper use of different mask hand positions (side and head)
- Proper ventilation mouth to mask
- Correct hand position for clearing vomit.
- Correct lateral position
- Monitoring patient

CPR - 2 person:

All candidates **must** demonstrate:

- Knowledge of checking for danger
- How to conduct a check for response
 - Squeeze shoulders; ask if they can hear you
 - Tap foot for an infant
- Knowledge of calling for help if there is no response
 - 000 or surfcom
- Check for Breathing
 - Ear 5cm from patients mouth

2nd person:

- 2nd person to check that help has been called and is on the way (**must ask**)
- Introduction of mask (if not already in use)
- Count compressions out loud
- Breaths using jaw support or jaw thrust
- Change over of operators in less than 10 seconds
- Change operators every 2 minutes/5cycles.
- Correct hand position on head – ensuring it is supported at all times
- Correct procedure for vomiting patient

Candidates will be deemed competent only if they can demonstrate they have a good understanding of the mechanics of CPR – correct hand placement using the “centre of the chest” and inflating the chest only till the chest rises and completing the correct number of compressions/breaths in the appropriate time. Candidates must also show they are working together as a team.

Assessors will be looking at:

- Hand position during compressions and ventilations (centre of chest)
- Finger position during compressions and ventilations (must be parallel with the ribs)
- Grip of fingers around wrist during compressions
- Depth of compression during compressions
- No Bouncing or jabbing during compressions (must not occur)
- Allowing full recoil of chest during compressions
- Rate of compressions and consistency
- Correct seal with mask
- Proper use of different mask hand positions (side and head)
- Proper ventilation mouth to mask
- Ensuring the patients head is supported at all times by the airway operator
- Correct hand positions for clearing vomit (both operators)
- Correct lateral position
- Monitoring patient

4 Person CPR including oxyviva.

All candidates **must** demonstrate:

- Knowledge of checking for danger
- How to conduct a check for response
 - Squeeze shoulders; ask if they can hear you
 - Tap foot for an infant
- Knowledge of calling for help if there is no response
 - 000 or surfcom
- Check for Breathing
 - Ear 5cm from patients mouth

Correct positions with 3-4 persons

- Team work
- Introduction of self if ARC holder
- Introduction of mask asap
- Introduction of O2 asap
- With O2 turned on and bag purged
- Introduction of airway
- Correct mask seal
- Correct use of airbag
- Correct mask seal
- Correct use of airbag
- Extension hose straight
- Relief of ECC operator every 2 minutes
- Correct roll over procedure for vomiting
- Correct use of oxygen for therapy/resuscitation

Not breathing and no signs of life

- 2 rescue breaths
- Correct use of Mask
- Check for signs of life (candidate must say “checking for signs of life”)
- Knowledge of what a sign of life is – normal breathing
- Correct hand positioning on the chest (no measuring)
- Correct procedure for vomiting patient
- Adult and child

2nd person – ensure help has been called and is on the way

- Count out loud
- Correct procedure for vomiting patient
- Correct hand position on head
- Breaths either using jaw support or jaw thrust
- Change over operators in under 10 seconds
- Change over every 2 minutes.

Candidate will be deemed competent only if they can demonstrate they have a good understanding of the mechanics of CPR – correct hand placement using the “centre of the chest” and inflating the chest only till the chest rises and completing the correct number of compressions/breaths in the appropriate time.

Assessors will be looking at:

- Hand position during compressions and ventilation
- Finger position during compressions and ventilation (parallel with ribs)
- Grip of the fingers around the wrist during compressions
- No bouncing and jabbing during compressions
- Allowance of full chest recoil during compressions
- Effective rate and consistency of compressions
- Correct seal with the mask
- Proper ventilations
- Proper use of different mask hand positions (side and head)
- Proper ventilation mouth to mask
- Correct hand position for clearing vomit.