

SNB Policy

120 Day Ruling for Non-Award Holders

Reference:

SLSA Policy 1.02 Use of SLSA Equipment

[SLSA Surf Sports Manual 37th Edition, 2.2.1 \(c\) Competition Eligibility for Non-award Members](#)

This policy is only relevant for non-championship events. It is not available to be used for Branch Championships, State Championships, Country Championships or Australian Championships.

SNB Members aged U15 to Masters, who do not yet hold the pre-requisite awards for competition and wish to compete may do so under the 120 Day rule, if they meet the following conditions:

1. The member must be enrolled to complete the relevant pre-requisite award (ie. SRC or Bronze Medallion) and scheduled for assessment in less than 120 days.
 - a. Training Enrolment Form for the course must be completed.
 - b. It is preferred that the course Induction has also been completed.
 - c. If the course has not yet started, Training Officers reserve the right to require the member to complete the pre-requisite swim again at the start of the course. *
2. The member must have successfully completed the pre-requisite swim, unaided and within the maximum time allowed. It must be timed by a currently endorsed SNB Assessor or SNB Endorsed Assessor of Bronze Medallion.
 - a. SRC: 200m pool swim to be completed in less than 5 minutes.
 - b. Bronze Medallion: 400m pool swim to be completed in less than 9 minutes.
3. The member must have successfully completed a run-swim-run for the relevant award, unaided and within the maximum time allowed. It must be timed by a currently endorsed SNB Assessor or SNB Endorsed Assessor of Bronze Medallion.
 - a. SRC: 100m run - 100m swim - 100m run in less than 5 minutes, unaided.
 - b. Bronze: 200m run - 200m swim - 200m run in less than 8 minutes, unaided.
4. The Club must start the process to issue the "Award for Non-Award Members (120 days)" to the members' record:
 - a. Assessment Request for the award has been raised and submitted in Surfguard, using the members date of joining SLS as the "proposed assessment date".
 - b. SNB 120 Day Rule Assessment Form to be completed by the Assessor and submitted to Branch with a copy of the members' Training Enrolment Form for the course they are enrolled in, within 14 days of the swims.
5. The member, and their Coach or Sweep must be aware of the SLSA policy around competition for the member, including the following points:
 - (iv) Have received instruction from a current accredited SLSA Coach regarding any craft to be used in the event and the event procedure.
 - (v) Supervision in the competition by a current accredited SLSA coach.
 - (vi) The Non-Award Member's Club or the organising authority provides water safety for the unqualified participant as per the Water Safety Policy.
 - (vii) Should prevailing surf conditions require a change of competition conduct or restriction of starters for safety reasons, non-award holders will not be permitted to participate.

* *If the member is required to complete the pre-requisite swim again, and they exceed the maximum time allowed, the Training Officer has the right to advise the SNB Branch office and the status of the member's "Award for Non-Award Members (120 days)" may be reviewed.*

SNB 120 Day Rule Assessment Form

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| Member's Full Name: | |
| Date of Birth: | |
| Competition Age Category: | |
| SLSC Club: | |
| Member ID: | |
| Date of Joining SLS? <i>(120 Days starts from this date)</i> | |
| What award are they enrolled in? | |
| Induction Date: | |
| Assessment Date: | |
| Pre-requisite Swim Distance: | |
| Date Completed: | |
| Swim Time: | |
| Run-Swim-Run Distance: | |
| Date Completed: | |
| Run-Swim-Run Time: | |
| Surfguard Assessment Request ID: <i>(Award for Non-award Member 120 Days)</i> | |

Assessor Declaration:

I have assessed the member's ability to meet the pre-requisite swim and run-swim-run for the award as detailed above.

Name of Assessor/Endorsed Assessor: _____

Signature of Assessor/Endorsed Assessor: _____

Coach and/or Sweep Declaration:

I am aware of the SLSA Policy 1.02 Use of SLSA Equipment, and the competition restrictions for this member as outlined in the SLSA Surf Sports Manual 37th Edition.

Name: _____

Role: _____

Signature: _____