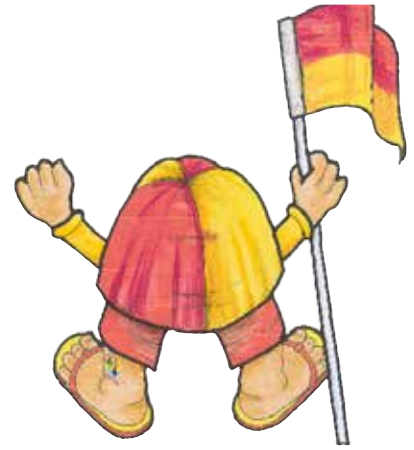


13-17 What's Out there for me?



FIRST AID OFFICER

Every patrol or sports event requires first aid officers who are able to administer basic assistance in the event of an emergency.

The First Aid Certificate provides participants with the skills and knowledge to apply advanced first aid responses, life support, management of casualty(s), the incident and other first aiders until the arrival of medical assistance.

Qualifications and Prerequisites: You must be 14 to undertake your First Aid Certificate. [DETAILS](#)



SURF LIFESAVER

A surf lifesaver is a trained volunteer that patrols our beaches on the weekends. Becoming a surf lifesaver is satisfying, fun and rewarding.

The Surf Rescue Certificate (SRC) is the introductory award for patrolling surf lifesavers and allows the recipient to take part in beach patrols. Completion of this award is a minimum requirement for participation in surf sports competition as an Under 15 (and in some instances as an Under 14).



JUNIOR LIFESAVER OF THE YEAR PROGRAM

A male and female SRC member is nominated to represent their Club. The award is a way for Clubs and Branches to recognise their U14 members' achievements in surf lifesaving and their community. All U14 members who believe they could be the next Junior Lifesaver of the Year should apply through their Club and submitted to Branch by the closing date.



YOUTH OPPORTUNITY MAKERS PROGRAM

YOMs is for 15-17 year old members and is geared towards creating greater awareness of opportunities and individual abilities and also enables members to work with like-minded peers and develop skills. The program is aimed at members who believe they have qualities that can be developed to enhance the future of their Club and Branch. The workshop is developed to create situations that promote fun learning experiences, create awareness of current issues, pathways and opportunities and also promotes teamwork, communication skills and goal setting whilst working on developing confidence and self-esteem in a supportive environment. [DETAILS](#)