

SLSSNB COVID-19 IMPACT ON JUNIOR ACTIVITIES

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Portfolio:	Junior Activities
Audience:	Club Presidents, Club Junior Activities Contacts, Club Secretaries, Club COVID-19 Officers
Summary:	Information regarding the planning and delivery of off-season training and weekend Junior Activities starting in September/October 2020 within the guidelines of the COVID-19 Health restrictions
Action Required:	Ensure all SNB Coaches, Age Managers, Water Safety Team Members, Nippers and Parents are aware of and abide by the documented guidelines.

As COVID-19 restrictions are gradually relaxed, SLS members and staff continue to work together to adapt and promote safe practices for Junior Activities which are consistent with advice from health and sporting authorities.

RULES SPECIFIC TO JUNIOR ACTIVITIES

The SLSSNSW Return to Surf Sport Plan provides guidelines for rules relating directly to Junior Activities. It is based on the current Public Health Order. Under this plan, the following requirements must be met by Junior Activities Chairperson or nominated delegate.

Clubs must –

- Ensure the Club has already completed and registered a COVID-19 Safety Plan. Clubs are encouraged to complete this prior to the return of Junior Activities.
- Complete a Junior Activities COVID-19 Safety Plan. A template is available (Junior Activities COVID-19 Template).
- Keep a copy of all COVID-19 Safety Plans and make them available for inspection if required by SLSSNSW or an authorised officer. A copy should be sent to SLSSNB to be placed on your Club’s COVID-19 files.
- Ensure the appropriate Record Keeping for contact tracing requirements is met.
- Advise anyone who is unwell not to attend. If anyone has been in contact with a known case of COVID-19, they should be advised to isolate and get tested immediately. This should be done via a weekly email/correspondence to Nipper Parents.
- Ensure if anyone is diagnosed with COVID-19, they are advised to remain in isolation until they are medically cleared of the virus.
- Ensure outdoor gatherings do not exceed 500 people – this includes Coaches, Age Managers, Water Safety Team Members and Parents.
- Adopt a ‘Turn up, Participate and Leave’ approach (arrive ready to go and leave immediately following the conclusion of the activity).

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- Ensure only qualified members are involved in the delivery of Junior Activities. Parents, other members and spectators will need to practice the 1.5 metre physical distancing requirement and practice good hygiene

Junior Activity Chairs and Management Teams

As of 1 July 2020, Junior and Senior community sporting competitions, trainings and contact activities can resume. Groups of 500 people maximum can gather outdoors (including Coaches, Age Managers, Water Safety Team Members and Parents).

This enables Junior Activity Chairs and Management Teams to start planning for the 2020/2021 season. Beach size and Nipper numbers may determine the impact that these updates will have on your return to weekend Nippers

Planning Ahead:

- Create a Junior Activities COVID-19 Safety Plan. Keep a copy and make it available for inspection if required by SLSNSW or an authorised officer. A copy should be sent to SLSSNB to be placed on your Club's COVID-19 file.
- Review your Nipper numbers (including Coaches, Age Managers, Water Safety Team Members and Parents) beach size, beach visitation and Club calendar to determine if your Club has the space, resources and capacity to run Nipper activities. Staggered starts may have to be considered.
- Meet with other areas of the Club to manage your Club calendar – consider the beach (maximum gathering guidelines with social distancing of 1.5 metres) and Club capacity (maximum number and area size guidelines whilst ensuring the number of people does not exceed one person per 4m² indoors) for proficiency days, registration days and other community events.
- Consider offering Nipper registration via the SLS Members Area for contactless transactions
- Encourage and recruit Parents to complete their Age Manager or SRC course this season (reiterate that Parents are only allowed on the beach as supporters and can't be actively involved unless they are qualified Age Managers or Water Safety Team Members)
- Work with the Club to deliver a COVID-19 safe environment e.g. bathroom signage, sanitiser stations, cleaning schedules and Record keeping for contact tracing and adhering to the Club COVID-19 Safety Plan.
- Determine how your Club will run the BBQ/canteen – menu, disposable coffee cups, marking out waiting lines to ensure social distancing requirements are adhered to.
- Consider how best to sell Club clothing, swimwear, merchandise and high-vis rash vests
- Plan how you can make COVID-19 safety part of your Nipper communications such as promoting the importance of physical distancing between spectators using PA announcements, marked seating and lines to the BBQ, social media, direct communications and signage.
- Highlight to everyone the importance of staying home and being tested if they have any flu like symptoms, have been in contact with a known case of COVID-19 or been diagnosed with COVID-19. This should be done via a weekly email/correspondence to Nipper Parents.

Water Safety Team Members and Age Managers

- Only qualified members will be able to support the delivery of Junior Activities. All Parents, other members and spectators will need to practice social distancing.
- Age Managers and Water Safety Team Members should be clearly identifiable (preferably wearing a uniform) so it is clear who is qualified to be on the beach

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- supporting Juniors.
 - Club rash vests must be washed between use
 - Craft and equipment cleaning protocols must be in place for weekday training and weekend Nippers. Please adhere to these protocols and keep everyone safe.
 - Reduce crowding wherever possible, ensuring one person per 4m² indoors and 1.5m outdoors/on the beach
 - Whilst contact activities can resume, the delivery of Nippers should aim to reduce contact wherever practical.

PARENTS

Parents play an important role in keeping communities safe.

Parents should be advised of the following:

- Community sporting groups including Nippers can have 500 people maximum at any time.
- This number includes Coaches, Age Managers, Water Safety Team Members and Parents (only one Parent or Guardian per child)
- Spacing of one person per 4m² of space indoors and 1.5m outdoors/on the beach to allow for social distancing. Or any other requirement which may be in place from time to time.
- Nippers may look a little different this season to comply with Nipper numbers and beach size
- The advice at this stage is 'turn up, participate and leave' to reduce unnecessary contact.
- Clubs will share their plans on keeping everyone safe – information on clothing purchases, BBQ use, shower access etc closer to season start
- Clubs will have cleaning protocols in place for Club areas, equipment and clothing
- Reduce sharing of equipment where practical and bring your own craft where possible
- Download the COVID-19Safe app for contact tracing and sign in each time you come to the Club
- Stay home if feeling sick – this applies to children and parents
- Download the COVID-19Safe App
- Take part in the mandatory record keeping for contact tracing
- Aim to have only one Parent or Guardian per child
- Maintain physical distancing when spectating – comply with 1.5m rule
- Avoid arriving early or mingling after Junior Activities – 'turn up, participate, leave'
- Come ready to go (bring your own drink bottle, towel and sunscreen)
- Clubs will have their own rules around BBQ/Canteen. Check and comply with these

COVID-19 Safety Plan

Surf Life Saving Club details	
Surf Life Saving Club:	
Plan Completed by:	
Plan approved by:	
Plan effective:	

Requirements for SLSC

Requirements for your SLSC and the actions you will put in place to keep your SLS members, staff and other people safe.

Requirements	Actions
Wellbeing of SLS members, staff and other people	
Members are asked not to attend any Surf Life Saving related activities if they have been near an identified hotspot or are a close contact of someone who has been at/ near a hotspot.	
Communicate regularly with SLS members, staff and other people to remind everyone that they should not come to the SLSC if unwell with respiratory symptoms or fever. Encourage testing if anyone with symptoms in line with advice from NSW Health.	
Exclude SLS members, staff and other people who are unwell.	
Provide SLS members, staff and others with information and training on COVID-19, including when to get tested, physical distancing and cleaning and how to manage a sick person or victim.	

Requirements	Actions
Physical Distancing	
<p>Access the safe capacity of communal facilities, such as offices, meeting or training rooms, showers, change rooms and lockers. Display signs at entrances with the maximum safe capacity for that space or room and have strategies in place to reduce crowding and promote physical distancing:</p> <p>Indoors – 1 person per 4m² Outdoors – 1.5m Only one Parent or Guardian to attend</p>	
<p>Ensure gym, sport, recreation or any other classes, or sport activities, have no more than 20 participants, plus the instructor and any assistants, per space and comply with 1 person per 4m²</p> <p>There may be multiple classes in a room if there is sufficient space to accommodate this and the classes remain separate. Ensure participants maintain 1.5m physical distance where practical.</p>	
<p>Ensure the number of people in a facility does not exceed 1 person per 4m² (including staff and spectators).</p> <p>Outdoors the number of people may not exceed 500 people with 1.5m social distancing required (including staff and spectators)</p>	
<p>Have strategies in place to prevent spectators and/or participants from co-mingling between groups.</p>	
<p>Have strategies in place to manage gatherings that may occur immediately outside the</p>	

premises or after an activity has finished. Such as with drop off and pick up zones or staggered start/finish times	
Requirements	Actions
Implement and take reasonable steps for children and young person's activities and recreation, to ensure parents supervising or supporting children are physical distancing	
Put plans and systems in place to monitor and control the numbers of SLS members, staff and other people on site at any given time to allow for physical distancing.	
Reduce crowding whenever possible and promote physical distancing markers on the floor, including where people are asked to queue	
Use telephone or video platforms for essential meetings where practical.	
Where practical, stagger the use of communal facilities. Strongly encourage everyone to shower/change where possible.	
Hygiene and Cleaning	
Adopt good hand hygiene	
Avoid shared food and drinks	
Disinfectant solutions need to be maintained at an appropriate strength and used in accordance with the manufacturers' instructions.	

Requirements	Actions
Encourage contactless payment options.	
Encourage everyone to bring their own water bottle, sweat towels, exercise mats and equipment	
Ensure processes are in place to clean or launder share clothing items after use such as wetsuits, rash vests and caps used for training or water safety as well as PPE for IRB crews	
Have hand washing facilities or alcohol-based hand sanitiser at key points around the site, such as entry and exit points and meal areas. Hand sanitiser may not work well if hands are visibly dirty.	
Reducing of sharing of equipment (including SLS equipment, hire equipment, tools and machinery used at the SLSC) where practical and ensure these are cleaned with detergent and disinfectant between use.	
SLS members and staff are to wear gloves when cleaning and wash hands thoroughly before and after with soap and water.	
Record Keeping	
Cooperate with NSW Health if contacted in relation to a positive case of COVID-19 at your SLSC and notify SafeWork NSW on 13 10 50	
Keep a record of name and a mobile number or email address for all staff, volunteers, participants, contractors and other people for a period of at least 28 days. Ensure records are used only for the purposes of tracing COVID-19 infections and are stored confidentially and securely.	
Make sure your SLS members, staff and other people aware of the COVIDSafe app and its benefits to support contact tracing if required.	

Specific risks related to Junior Activities

Requirements for your SLSC and the actions you will put in place to keep your SLS members, staff and other people safe.

Requirements	Actions
Junior Activities	
Ensure that only qualified members are on the beach as part of the delivery of nippers and training	
Ensure that designated beach training areas as well as their entry and exit points are clearly marked out for nipper training and groups to comply with 1.5m social distancing space rule.	
Ensure that there is only 1 Parent/Guardian per child spectating.	