

# Surf Rescue Certificate

COURSE OVERVIEW

v1 MAY 2020



## COURSE AIM

The aim of this course is to provide participants with skills and knowledge related to surf awareness, aquatic rescue operations, communication systems and equipment and resuscitation.

### **It is recommended for SLS members who wish to:**

- perform in the role of SLS water safety personnel
- take on a lifesaving cadetship and join a lifesaving patrol.

## SURF LIFE SAVING ENTRY REQUIREMENTS

### **To commence training for the Surf Rescue Certificate you must:**

- be a financial member of an SLS club
- be at least 13 years of age on the final assessment date
- complete an unaided swim of 200 m in 5 minutes or less (goggles and masks permitted) in a swimming pool of not less than 25 m, or over a measured open water course which will be observed prior to you undertaking any water training or assessment activities. Evidence of this must be provided to the assessor prior to commencement of the assessment for these units of competency/this SLSA award.

### **You will also need an everyday standard of language, literacy and numeracy skills to be able to:**

- follow written, verbal and visual instructions
- read and interpret a range of signs and symbols
- read and interpret written information
- make basic mathematical calculations to carry out everyday activities
- keep accurate written records.

## WHAT YOU WILL LEARN

### **By the end of this course, you should be able to:**

1. apply knowledge of the surf environment including hazards and surf conditions
2. apply surf skills and techniques for self-survival in the water while negotiating prevailing surf conditions with or without a flotation device
3. prepare for and respond to a rescue with appropriate rescue and personal protective equipment
4. participate in assessing a rescue scene
5. safely perform a rescue using appropriate equipment and rescue techniques while following Surf Life Saving procedures
6. conclude rescue operations in line with Surf Life Saving policies and procedures
7. safely use Surf Life Saving communications systems and radio equipment to support communications consistent with Surf Life Saving policies and procedures
8. apply fault-finding techniques and maintain Surf Life Saving radio equipment
9. respond to an emergency situation requiring cardiopulmonary resuscitation (CPR)
10. perform a primary victim assessment including cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED)
11. accurately report and convey incident details to emergency response services while maintaining confidentiality of records and information in line with statutory and Surf Life Saving policies.

## CERTIFICATION

Upon successful completion of this course, you will be awarded with the SLSA Surf Rescue Certificate. You will also receive the following nationally recognised units of competency, some of which may be recognised as prior learning for the PUA20119 Certificate II in Public Safety (Aquatic Rescue):

1. PUAOPE013 Operate communications systems and equipment
2. PUASAR012 Apply surf awareness and self-rescue skills
3. PUASAR013 Participate in an aquatic rescue operation
4. HLTAID001 Provide cardiopulmonary resuscitation.

Further details about each of the above mentioned nationally recognised units of competency and certificate are available on the Australian Government's [training.gov.au](https://training.gov.au) website.

## CURRENCY AND RECOGNITION OF PRIOR LEARNING

SLS members who believe they already possess some or all of the skills and knowledge of this award, or who have currency in one or more of the related units of competency, may wish to apply for recognition of prior learning (RPL) or credit transfer. They should consult their SLS club's chief training officer or SLS state centre for more information.

For the SLSA Surf Rescue Certificate award to remain current, you must participate in an annual skills maintenance session and be assessed as proficient prior to 31 December each year. The annual skills maintenance session must meet the minimum requirements set by SLSA as well as be completed in accordance with state/territory-based requirements and standard operating procedures.