



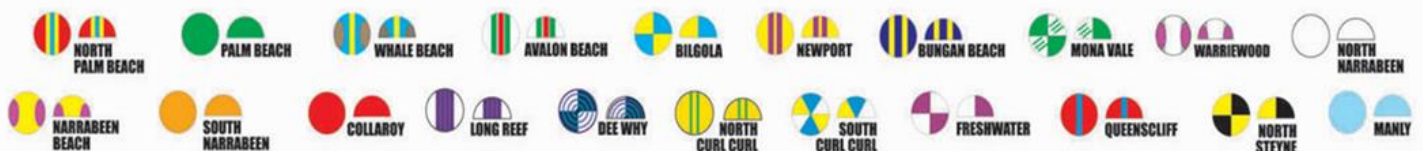
2026 Champion Life Saver and Champion Patrol Competition Branch Championships

Hosted by Freshwater SLSC
Sunday 1 February 2026

SPONSORED BY

Westfield WARRINGAH MALL

THE 21 CLUBS ON THE NORTHERN BEACHES



COMPETITION INFORMATION

Refer to all the [Event Circulars](#) for the event rules, including number of teams allowed per event and Composite Teams rules.

LIVEHEATS

LiveHeats will be used to run these series. All competitors must wear a LiveHeats Wristband to participate in the carnival.

If you are yet to receive one, you can collect one from the Branch office before the carnival or at the start of the carnival 1 hour before the events start.

More information will be provided regarding the event via the SLSSNB Surf Sports Team App in the 2026 SLSSNB Lifesaving events Branch Championships chat room. Please join the group via your smart phone to receive updates in the lead up.

CARNIVAL KEY TIMINGS

Marshal	Start	Event
7:15 AM	7:30 AM	Champion Life Saver
10:30 AM	11:00 AM	Champion Patrol Competition

PROGRAM OF EVENTS

SPRINT TRACK	Water Area
Champion Life Saver Events	
Marshall 7:15 AM for 7:30 AM Start	
Sprints (U15 – Masters)	
	Marshall at completion of Sprints
	Surf Race
	Board Race
	Tube Race
Champion Patrol competition events	
	Marshall 10:30 AM for 11:00 AM Start
	Surf teams swim
	Swim/Board/Tube rescue relay
	Scenarios