



# 2026 Distance Run Branch Championships

## Distance Run Events Program

**Hosted by Queenscliff SLSC**  
**Friday 6 February 2026**

SPONSORED BY

**Westfield** WARRINGAH MALL

### THE 21 CLUBS ON THE NORTHERN BEACHES



## COMPETITION INFORMATION

Refer to all the [Event Circulars](#) for the event rules, including number of teams allowed per event and Composite Teams rules.

Pink Hi-Viz Rash Vests (not supplied) are **optional** for all distance run events.

Shoes may be worn for distance run events as per Surf Sports Manual 38<sup>th</sup> edition

## LIVEHEATS

LiveHeats will be used to run these series. All competitors must wear a LiveHeats Wristband to participate in the carnival.

If you are yet to receive one, you can collect one from the Branch office before the carnival or at the start of the carnival 1 hour before the events start.

More information will be provided regarding the event via the SLSSNB Surf Sports Team App in the 2026 SLSSNB Distance Runs Branch Championships chat room. Please join the group via your smart phone to receive updates in the lead up.

## PROGRAM OF EVENTS

<b>JUNIOR DISTANCE RUNS (Marshall 4:45 PM for 5:00 PM (Start))</b>
U9-U12 1km Beach Runs
U13-U14 2km Beach Runs
U11-U12 2x500m Beach Run Relays
U13-U14 2x1km Beach Run Relays
<b>OPEN &amp; MASTERS DISTANCE RUNS (Marshall 6:15 PM for 6:30 PM (Start))</b>
U15 Male and Female 2km Beach Run
U19 Male and Female 2km Beach Run
U17 Male and Female 2km Beach Run
Open Male and Female 2km Beach Run
Masters Ages 30-60 2km Beach Run
Masters Ages 60+ 1km beach run
U15 Male and Female 2 x 1km Beach Run Relay
U19 Male and Female 2 x 1km Beach Run Relay
U17 Male and Female 2 x 1 km Beach Run Relay
Open Male and Female 2 x 1km Beach Run Relay