BENNETT

SURF LIFESAVING

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FAST FIVES SERIES

ROUND 1

Bilgola Beach

Saturday 17th October 2026

Hosted by Bilgola SLSC

Bilgola S.L.S.C.

Opens – Board / Ski
U14/U15s - Board / Swim

Sydney Northern Beaches Surf Life Saving

This carnival is a **Surf Life Saving Sydney Northern Beaches** event

Entries via https://liveheats.com/ which close 11:00 PM Wednesday 14th October. **No Late Entries** permitted.

CARNIVAL KEY TIMINGS

Marshal	Start	Event
	7:00 AM	Bilgola SLSC Work Parties report to Referee
	7:00 AM	Swim Can Setup for water areas
	7:45 AM	Team Managers Meeting on the beach in front of club house
7:45 AM	8:00 AM	All events start as per program – no registration – LiveHeats wristband confirmed during marshalling

PROGRAM OF EVENTS

ROUND 1
U14/15 BOARD Race – Male & Female
Open BOARD Race – Male & Female
U14/U15 SURF Race – Male & Female
Open SKI Race – Male & Female

ROUND 2
U14/15 BOARD Race – Male & Female
Open BOARD Race – Male & Female
Open SKI Race – Male & Female

ROUND 3
U14/15 BOARD Race – Male & Female
Open BOARD Race – Male & Female
U14/U15 SURF Race – Male & Female
Open SKI Race – Male & Female

ROUND 4
U14/15 BOARD Race – Male & Female
Open BOARD Race – Male & Female
Open SKI Race – Male & Female

ROUND 5
U14/15 BOARD Race – Male & Female
Open BOARD Race – Male & Female
U14/U15 SURF Race – Male & Female
Open SKI Race – Male & Female

PLEASE NOTE: The program, areas and competition parameters are subject to change at any time due to timings and safety at the discretion of the carnival referee. All changes made will be communicated via a Team Managers meeting

IMPORTANT CARNIVAL INFORMATION

HIGH VIZ REQUIREMENTS

Pink Hi-Viz Rash Vests (not supplied) must be worn for all water events. Competitors in faded pink rash vests may be asked by officials to change into a more appropriate quality rash vest. Failure to comply will result in the competitor not being able to compete in the event.

COMMUNICATION

More information will be provided regarding the event via the SLSSNB Surf Sports Team App. Please join the group via your Smart phone to receive updates in the lead up to the event and during the event.

LIVEHEATS AND REGISTRATION

All competitors must wear a **LiveHeats** wristband to participate in the carnival and have their age group clearly marked on their left wrist or left arm prior to marshalling. If you are yet to receive one, your club must order one from Branch before the start of the Carnival.

If a competitor has lost their wrist band, they can collect one at the carnival prior to marshalling (Clubs will be invoiced after the carnival).
There is no Competitor Registration required on the day of the event.

OFFICIALS AND WATER SAFETY

Clubs entering U14 competitors who do not have their SRC qualification will be required to supply Water Safety. The exact quota will be dependent on the number of competitors without the qualification. This will be requested directly by SNB Branch.

As a guide, expect that each club will be required to provide 1 official per 8 competitors. Note this may change depending on the number of total competitors and rounding. The actual requirement will be finalized once entries close.

All clubs are required to supply their allocation of officials and water safety for this carnival, as outlined in the officials' appointments rosters.

All competing clubs that are from outside the Sydney Northern Beaches Branch are to provide officials as per published lists on the Officials Nominations web page. These will be based on actual entry numbers. This is required to ensure the efficient and safe running of the event. Any clubs failing to meet their obligation in either may render their club's competitor's ineligible to compete at the carnival, at the discretion of the Referee.

TEAM/AGE MANAGERS

A Team Manager must be allocated by each club to receive updates and represent at the Team Manager's Meeting.