

2025 SLSSNB LIFESAVING BRANCH CHAMPIONSHIPS ENTRY

CIRCULAR

Document ID:	Circular 202601-05 - SLSSNB Lifesaving Branch Championships
Issue Date:	12 th December 2025 –
Department:	Surf Sports
Audience:	Club Surf Sports contacts, Club Secretaries, Junior Activities Coordinators, Competitors
Summary:	Entry circular for 2026 Surf Life Saving Sydney Northern Beaches Branch Lifesaving Championships.
Action Required:	All SLSSNB members competing in the 2026 SLSSNB Lifesaving Branch Championships are to adhere to the event rules and criteria for this year’s Championships as set out by this circular

BRANCH LIFESAVING CHAMPIONSHIP

The 2026 Surf Life Saving Sydney Northern Beaches Branch Lifesaving Championship events will be hosted as follows –

(Resus & Theory) Champion Lifesaver – Freshwater SLSC, Wednesday January 28th, 2026.

Report 6:00pm for 6:30pm Start – Opens, U19, U17, U15, U14 & Masters 30 to 39, 40 to 49 & 50+

(Resus & Theory) Champion Patrol – Freshwater SLSC, Thursday January 29th, 2026.

Report 6:00pm for 6:30pm Start

Champion First Aid – Freshwater Beach, Saturday January 31st, 2026.

Report 9:15am for 9:45am Start – U14, U15, U17

Champion First Aid – Freshwater Beach, Saturday January 31st, 2026.

Report 10:30am for 11:00am Start – U19 & Opens

Champion Lifesaver – Freshwater Beach, Sunday February 1st, 2026.

Report 7:15am for 7:30am Start

Opens, U19, U17, U15, U14 & Masters 30 to 39, 40 to 49 & 50 to 59, 60+

Patrol Competition – Freshwater Beach, Sunday February 1st, 2026.

Report 10:30am for 11:00am Start

COMPETITION REGISTRATION

ALL competitors MUST register prior to participating in the 2026 Branch Life Saving Championships. Registration will commence as indicated above.

HI VIZ SINGLETS

All water competitors must wear Hi-Viz Pink singlets. Any competitor wearing colors other than pink or faded pink singlets may be removed from the starting line.

OFFICIALS

Clubs must also provide Officials as per SLSA Policy &/or SNB ratio 1:8 dependent on entries. Clubs that do not adhere to this requirement may have their competitors suspended from the Branch Championships.



CIRCULAR

SURF LIFE SAVING SYDNEY NORTHERN BEACHES

PATIENTS

All Clubs are to supply a live patient for each Champion First Aid team two patients for each Champion Patrol team entered. Patients must as a minimum hold SRC and a financial member of a Club. For Champion Lifesaver, each club (for individual events) must supply one live patient in the quota of 1 patient for every 5 competitors.

COMPOSITE TEAMS

Composite Teams will NOT be permitted for Patrol & First Aid competition.

COMPETITOR ELIGIBILITY

All members entered MUST be Proficient and Financial members by 31st December 2025. SLSSNB reserves the right to conduct a random or detailed audit of any Club Entries.

EVENTS COMPLETION

If time does not permit the completion of these events, the events will not be postponed to a future date. There is a 4:00 PM curfew for all SLSSNB Branch Championship Events with water components.

EVENT NOTES

Competitors in the Champion Lifesaver event are only permitted to compete in their own age category in those events.

Competitors in the First Aid event are only permitted to compete in their own age category. There will be no competing up.

All competitors MUST register prior to all their events.

First Aid scenarios for U15 & U17 will be 8 minutes and for U19 & Open will be 12 minutes.

Competitors must supply all their own equipment in line with the current Surf Sports Manual.

EVENTS

The following Championship Events shall be conducted in their respective areas and as per the current Surf Sports Manual, 38th Revised Edition and any subsequent SLSA and SLSSNB Bulletin updates and circulars.

LIFE SAVING EVENTS

Open Male Champion Lifesaver	30-39yrs Male Champion Lifesaver
Open Female Champion Lifesaver	30-39yrs Female Champion Lifesaver
Under 19 Male Champion Lifesaver	40-49yrs Male Champion Lifesaver
Under 19 Female Champion Lifesaver	40-49yrs Female Champion Lifesaver
Under 17 Male Champion Lifesaver	50+ yrs Male Champion Lifesaver
Under 17 Female Champion Lifesaver	50+ yrs Female Champion Lifesaver
Under 15 Male Champion Lifesaver	Open Patrol Competition
Under 15 Female Champion Lifesaver	Under 17 Patrol Competition
Under 14 Male Champion Lifesaver	
Under 14 Female Champion Lifesaver	

FIRST AID EVENTS

Open First Aid Competition
Under 19 First Aid Competition
Under 17 First Aid Competition
Under 15 First Aid Competition
Under 14 First Aid Competition