Long Reef Junior Carnival

Long Reef Beach

Sunday 6th December 2026

Hosted by Long Reef SLSC

U9-U14 Beach & Water

This carnival is a **Surf Life Saving Sydney Northern Beaches** event

Entries via Liveheats close 11pm Tuesday 30th November 2026. **No Late Entries** permitted.

CARNIVAL KEY TIMINGS – HIGH TIDE 10.42AM 2.06M

Marshall	Start	Event
6.45AM	7.00AM	1km & 2km Run
7.00	7.15AM	March Past Teams, 5 person Colour Party
7:30 AM	7.45 AM	U12-U13-U14 Males marshalling at the Flag Pits U12-U13-U14 Females marshalling at the Sprint Track
Swap	When finished	U12-U13-U14 Males marshalling at the Sprint Track U12-U13-U14 Females marshalling at the Flag Pits
7:45 AM	8:00 AM	U9 & U10 Male & Female marshalling in the Pink Water Area U11 Male and Female Marshalling in the Green and Gold Water Area
		Beach and Water Competitors Swap Over when above finished (approx. 9.45 to 10.30)
		U12 Male & Female marshalling in the Pink Water Area U13 & U14 Male and Female Marshalling in the Green and Gold Water Area
		U9-U10-U11 Males marshalling at the Flag Pits U9-U10-U11 Females marshalling at the Sprint Track
Swap	When Finished	U9-U10-U11 Males marshalling at the Sprint Track U9-U10-U11 Females marshalling at the Flag Pits

PROGRAM OF EVENTS

Marshall in areas as above				
Time	**Water Area Pink**	**Water Area Green Gold**	**Flag Pit**	**Sprint Track**
08:00 AM	U9 & U10 Male and Female Individual Board (2 Rounds + Final)	U11 Male & Female 3 Person Surf Teams	U12-U13-U14 Male Flags (2 Rounds + Final)	U12-U13-U14 Female Sprints (2 Rounds + Final)
	U9 & U10 Male & Female Surf Teams	U11 Mixed 3 Person Cameron Relay		
	U9 & U10 Male & Female Board Relay	U11 Male & Female Board Relay		
		U11 Male & Female Board Rescue		
		U11 Male & Female Board Race (Heats and Finals) [If time permits]	U12-U13-U14 Female Flags (2 Rounds + Final)	U12-U13-U14 Male Sprints (2 Rounds + Final)
9.45am to 10.30am	Beach and Water Competitors Swap Over			
	U12 Male & Female 3 Person Surf Teams	U13 & U14 Male & Female 3 Person Surf Teams	U9-U10-U11 Male Flags (2 Rounds + Final)	U9-U10-U11 Female Sprints (2 Rounds + Final)
	U12 Mixed 3 Person Cameron Relay	U13 & U14 Mixed 3 Person Cameron Relay		
	U12 Male & Female Board Relay	U13 & U14 Male & Female Board Relay		
	U12 Male & Female Board Rescue	U13 &U14 Male & Female Board Rescue		
	U12 Male & Female Board Race (Heats and finals) [If time permits]	U13 & U14 Male & Female Board Race (Heats and Finals) [If time permits]	U9-U10-U11 Female Flags (2 Rounds + Final)	U9-U10-U11 Male Sprints (2 Rounds + Final)

IMPORTANT CARNIVAL INFORMATION

HIGH VIZ REQUIREMENTS

Pink Hi-Viz Rash Vests (not supplied) must be worn for all water events. Competitors in faded pink rash vests may be asked by officials to change into a more appropriate quality rash vest. Failure to comply will result in the competitor not being able to compete in the event.

COMMUNICATION

More information will be provided regarding the event via the SLSSNB Surf Sports Team App. Please join the group via your Smart phone to receive updates in the lead up to the event and during the event.

LIVEHEATS AND REGISTRATION

All competitors must wear a **Liveheats Wristband** to participate in the carnival. If you are yet to receive one, your club must order one from Branch before the start of the Carnival. Competitors must have their age group clearly marked on their left wrist or left arm prior to marshalling. If a competitor has lost their wrist band, they can collect one at the carnival prior to marshalling (Clubs will be invoiced after the carnival). There is no Competitor Registration required on the day of the event

OFFICIALS AND WATER SAFETY

As a guide, expect that each club will be required to provide 1 Water Safety for every 8 competitors and 1 official per 8 competitors. Note this may change depending on the number of total competitors and rounding. The actual requirement will be finalized once entries close

All clubs are required to supply their allocation of officials and water safety for this carnival, as outlined in the officials' appointments rosters.

All competing clubs that are from outside the Sydney Northern Beaches Branch are to provide officials and water safety as per published lists on the Officials Nominations web page. These will be based on actual entry numbers.

This is required to ensure the efficient and safe running of the event. Any clubs failing to meet their obligation in either may render their club's competitor's ineligible to compete at the carnival, at the discretion of the Referee.

TEAM/AGE MANAGERS

Only one Team Manager or Age Manager per gender per age group is allowed in the competition areas, accompanied by one Coach. Team Managers/Age Managers will be required to nominate to be able to enter the competition area. Upon arrival they need to register to receive a wrist band. Please see SLSSNB Carnival Program webpage.

NOTE: No parents or spectators are permitted to enter the Field of Play unless due to an emergency.

CARNIVAL SPECIFIC INFORMATION

It will be **compulsory** for all clubs who have entered competitors to have either a full **March Past Team** or a **Colour Party** (including a flag or standard bearer).

For the U9/10 age groups there will be 2 rounds for the individual Board races, from a calculated point score for these 2 rounds the top competitors will do a final.

For all age groups, there will be 2 rounds of Sprint heats, from a calculated point score for these 2 rounds the top competitors will do a final.

For all age groups, there will be 2 rounds of small heats of Flags, from a calculated point score for these 2 rounds the top competitors will do a final.

Competitors must compete in their own age group only. Composite teams are encouraged. NO RACE WILL BE HELD UP FOR AN INDIVIDUAL COMPETITOR COMPETING UP AN AGE FOR TEAMS RACES